

SPRING BREAK CAMPS

** KIDZ KARATE KAMP **

PREMIER MARTIAL ARTS
WICHITA, KS 67212

2121 N TYLER ROAD #205
316-833-1004

OWNER/INSTRUCTOR ~ RACHAEL WEBER

MARCH 15TH - 19TH

8:00 AM - 4:00 PM

COST \$185.00 WITH \$50 DEPOSIT DUE @ SIGN-UP

KIDZ AGES 5 - 12

MINIMUM: 20 KIDZ

All new Kamp curriculum! Kidz will learn basic martial arts, self-defense techniques to improve their confidence, self-discipline, respect & most of all confidence!

Kidz will have fun doing organized activities, games, arts & crafts & learning basic nunchukas.

Kidz will need to bring sack lunch, water bottle & daily snack

G ARROW STABLES

5911 N MAIZE ROAD

316-722-2680

C-ARROWSTABLES.COM

MARCH 15TH - 19TH

8:00 am - 4:00 pm Boys & Girls 5 - 18 yrs limit/ 20 riders

\$225 \$50 Deposit w/registration & completed

G-ARROW STABLES release form (page 34 of the website)

Deadline to register is March 12th

Bring sack lunch and snacks

*** All Supplies will be furnished**

****Riders must wear long pants or jeans & 1" heel cowboy boots or riding shoe****

Activities include horseback riding lessons, trail riding, arts & crafts, lessons on horse management, including feeding, minor veterinarian skills and daily chores associated with horse ownership.